

September 2023



COMMUNITY SERVICE DEPARTMENT



**All a'Bout Cancer
@ YMCA,Royapettah**



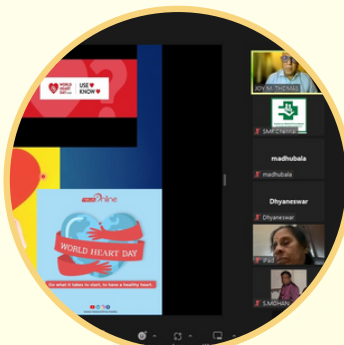
**Rose day celebration
@ ICH**



**Rose day celebration
@ IOG**



**Medical camp
@ T Nagar & Anna
Nagar**



STEP



FATP @ OPD,SMF



CAN NEST



**Drug Bank
@GH**



Nutrition Project



FIRST AID TRAINING PROGRAM

@OPD auditorium,SMF

Sundaram Medical Foundation, in collaboration with the Rotary Club of Madras, organized a First Aid training Program for the Rotary disaster management team on September 23, 2023 (Saturday) from 10:00 AM to 1:00 PM. The training took place at the OPD auditorium, wavin SMF hospital.

A total of 20 members participated in the session.

The session was led by Dr. Arun Chandran from the Emergency Department and Mr.Hari from the Paramedic Staff.

Rtn.Murugan (Chairman-Disaster management) attended the session.

The feedback received from the participants indicated that the theoretical and practical sessions of the workshop were highly interactive.

Also, a few more attendees gave a very positive response,mentioning that the session was very interesting and useful.



MEDICAL CAMP

@ His/Her Place, T.Nagar



Sundaram Medical Foundation, in association with the Rotary club of Madras, organised a free medical camp conducted on 28th of September 2023, 2.45 Pm to 6 Pm at his /her place T.Nagar.

Checkup: CBG, HB, BP, General screening & were done.

The 115 beneficiaries were benefited by this camp.

We dispensed medicine worth Rs. 3300/- to needy people.

Thank you to all the Rotarians who visited and supported the medical camp.

Medical Team:

Dr.Samyuktha(Family Medicine)

Dr. Abanah (General Medicine)

Ms.Sridevi & Ms.Shantha Kumari (Nurse)

Mr.karthikeyan (Social Worker)



MEDICAL CAMP

@ Tirumangalam, Anna nagar.



The Rotary Club of Alandur, in association with the Sundaram Medical Foundation, organised a free medical camp on 8th of September 2023, 4.00PM to 8 Pm at Tirumangalam Metro station, Anna nagar.

Checkup: CBG, HB, BP, General screening & Dental Screening were done.

The 152 beneficiaries were benefited by this camp.



CMRL is one of the place where we give opportunity to public to have their health checkup. Sundaram Medical Foundation came forward to send their health checkup doctor team with pathological support.

Medical Team:

Dr.Nishanth (Family Medicine)

Dr. Sneha (General Medicine)

Ms.Sridevi & Ms.Shantha Kumari (Nurse)

Mr.karthikeyan (Social Worker)



EYE AWARENESS PROGRAMME

@ OPD Auditorium

Sundaram Medical Foundation's Community Service Department organized a "Eye Awareness Program" on 23.09.2023 (Saturday) at 3.00PM to 4.00PM in OPD auditorium, SMF hospitals.

The target population of the program was SMF Staffs.

Topic: Common Eyedisease and Eye donatin Myths & Facts.

A speaker of the program was Dr.Nirupama (Senior Consultant Opthamologist),Rajan Eye Care Hospital,T.Nagar,Chennai.

No of Participants:44 Nos

The Program went very well.The speaker explained clear view about common eye diseases,Myths and Facts of Eye donationand also importance and functions of Eye bank.

The postive feedbacks were reflected by the participants.



YOGA SESSION

The Community Service Department of SMF organized yoga sessions for children at SAP School, with focus on instructing younger individuals aged 10 to 16 years in the various aspects of yoga practices. A total of 64 children actively participated in these sessions. The session enhance the overall well-being of the students but also provide them with improved mental clarity, thereby positively impacting their educational pursuits.



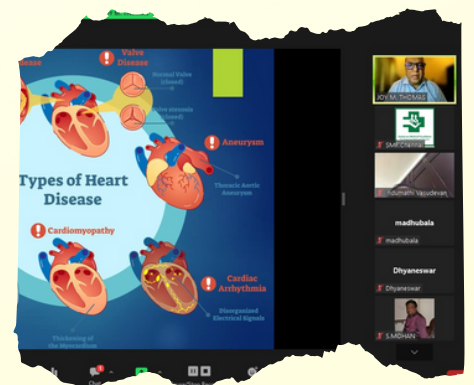
STEP PROGRAMME

A Support Therapy to Educate People (STEP) Programme was arranged with the aim of addressing the subject "Use heart for Every heart" on 30.09.2023 at 3.00PM to 4.15PM

Dr.Joy M Thomas,(Head of the Department-Cardiology),SMF was the speaker of this awareness Session

Around 53 individuals were participated in this program.In this,Session, the speaker clarifiedthe inquires posed by the participants .

Finally, the participants expressed their satisfaction with the session by providing positive feedback.



PLASTIC WASTE MANAGEMENT

The TNPCB has also been instructed to conduct awareness programs among students, including those attending professional colleges, about the harmful effects of plastic use on the environment and motivate them to avoid plastic, in coordination with the education department and the state legal services authority.

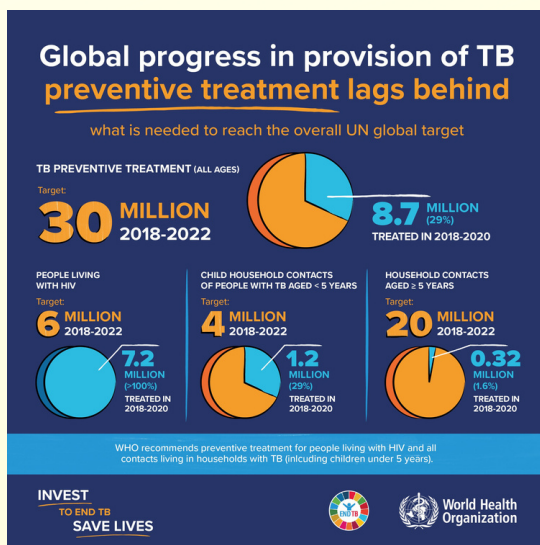


The Community Service Department has been working on the Plastic Zero Waste Management initiative for recycling plastic waste both on IP and OP buildings in association with the Bisleri CSR team.



A total of 96 kg of plastic waste was collected this month.

REACH FOUNDATION



For the month of September 2023,
22 people have utilized the
Tuberculosis Intervention Services.



ALL A'ABOUT CANCER EXHIBITION

@YMCA, Royapettah.



The ABC "All a'Bout Cancer" Exhibition (Inter School Competition), an annual event of CANSTOP, aims to create mass awareness among students and the general public through informative stalls on various cancer related topics. ABC has been conducted for the past 11 years with the support of the schools located in & around Chennai since 2001.

CANSTOP's 12th edition of ABC (All a'Bout Cancer) Exhibition has been successfully completed with the support of Rotary District 3232 and the YMCA, with more than 1000 students participating from 75 schools on September 2, 2023 (Saturday) at YMCA Royapettah.

It was a one-day event that consisted of various competitions, like 50 Information Stalls displayed, 150 students for Painting, 37 groups for Skits, 70 groups for Quizzes, and Oratorical Tamil 52 students and Oratorical English 53 students participating in.

The chief guest for the event was Dr. J. Radhakrishnan, IAS Additional Chief Secretary & Commissioner, Greater Chennai Corporation, Guests of Honour were Rtn Ravi Raman District Governor, RID 3232, Rtn N S Saravanan District Governor Elect, RID 3232, Rtn Vinod Saraogi District Governor Nominee, RID 3232, Rtn J Sridhar Past District Governor, RID 3232 & other dignitaries.



ALL A'ABOUT CANCER EXHIBITION

@YMCA, Royapettah.



"Highlights of ABC 2023: Overall Championship and Rolling Trophy Won by M.C.T.M. Chidambaram Chettyar International School".

We would like to thank all of the Judges & Sponsors. YMCA Royapettah as the venue partner, Indian Express as the media partner, Rotary Club of Madras as the Gold Sponsor, other Rotary clubs for Bronze and Silver, Leo & ITC as the refreshment sponsor, and Rtn. Seshasai as the water sponsor.



ROSE DAY CELEBRATION

@ICH & IOG,Egmore



To commemorate “International Rose Day” on September 22nd (observed to respect and honour cancer survivors and patients).

CANSTOP organised a Rose Day celebration at Women’s Hospital & Children’s Hospital,Egmore on September 22nd 2023.

On this day,we distributed roses to patients (as a symbol of love) both at ICH and IOG.Hospital clowning shows were conducted, followed by gift sharing with patients by Dr.Vijaya Bharathi Rangarajan,founder of CANSTOP,along with volunteers and social workers.

At ICH, we have shared gifts with about 51 children, which consisted of a jute bag,tolietry kit, colouring books, and toys. At the women’s hospital, we shared gifts with 45 women, which consisted of jute bag, toiletry kit, and sarees.

The total value of the gift was Rs.74000/-

At the end of the program, the patients expressed their thanks to us for their positive responses.

Together we CAN make difference.



NUTRITION PROJECT

CANSTOP visits Institute of Obstetrics and Gynecology and Government hospital for Women (IOG) and the Institute of Child Health and Hospital (ICH) regularly to boost up their nutrition and regular counseling for the patients.



Tender Coconut of worth Rs.10280 was distributed at IOG.

Pediasure of worth RS. 4320 was distributed at ICH.



ART & PLAY THERAPY



Regular sessions of Art and Play therapy were conducted for pediatric cancer patients and their family members at the Institute of Child Health. These sessions encompassed the facilitation of diverse art and craft activities, as well as enjoyable games, with the aim of ensuring their active involvement and entertainment during their stay in the hematology ward.



DRUG BANK



CANSTOP supported Baby Asmina, an 8-year-old, for a vaccine (Menvio) costing Rs. 3950/- on 30.09.2023

Based on the request for medicine support from GH, CANSTOP has organized the drugs for haematology department of GH, 19.09.2023. The cost of vaccine is worth Rs.37000, sponsored by the Inner Wheel Club of Madras



CANNEST HOME

Totally 446 families stayed at CANNEST Home in the month of September, 2023, where the children in the home are engaged through various activities and games with the help of volunteers and social workers.



HOPE CHEST

CANSTOP's Hopechest provides essential things for the cancer patients & their parents at IOG & ICH to lead their regular life as happily.

In the month of September 2023, a total of 10 families got help from the Hope Chest.



Join us and make your contributions to the cancer patients at Govt. Hospitals.



Sarees,	Toys,
Bedsheets,	Books,
Nighties,	Pillows,
Petticoats,	Tiffen Boxes,
Sandals,	Kettles,
Slippers,	Flasks,
Towels,	Water bottles,
Toiletries,	Kitchen utensils & appliances

Note: Make sure the items are in good condition



SPONSORSHIP DETAILS

Sponsorship details			
S.No	Sponsors	PROJECTS	AMOUNT
1	Mrs. Vijaya Mahendran	CANNEST	1000
2	Dayachand Malhotra	CANNEST	10000
3	Ms.Indumathy Vasudevan	CANNEST	4000
4	EIPP Solutions	ABC EXHIBITION	30000
5	Rotary club of Nanganllur Elite	ABC EXHIBITION	10000
6	Aalayams Auto tech	ABC EXHIBITION	10000
7	Rotary Club of Chennai Madhavaram	ABC EXHIBITION	30000
8	Dr.Manju Kulkarani's Eye clinic	ABC EXHIBITION	10000
9	Rotary Club of Madras Industrial city	ABC EXHIBITION	10000
10	Rotary club of Chennai Mitra	ABC EXHIBITION	10000
11	Ps Associates	ABC EXHIBITION	10000
12	Rotary club of Ambattur	ABC EXHIBITION	10000
13	Ms.Cindhuja.T	ABC EXHIBITION	10000
14	Mr.Shriram Davuri	ABC EXHIBITION	30000
15	Mr.Senthil Palanisamy	ABC EXHIBITION	10000
16	Rotary club of Madras east	ABC EXHIBITION	30000
17	Rotary Velacherry Charitable Trust	ABC EXHIBITION	10000
18	Mr.Vinod Kumar Sarogi	ABC EXHIBITION	30000
19	Rotary club of Chennai Accord	ABC EXHIBITION	10000
20	Mr.J.N.Harisharan	ABC EXHIBITION	10000
21	Rotary club of Chennai Mogappair	ABC EXHIBITION	10000



SPONSORSHIP DETAILS

Sponsorship details			
S.No	Sponsors	PROJECTS	AMOUNT
22	Rotary club of Chennai Gems	ABC EXHIBITION	10000
23	RCGIC Charitable Trust	ABC EXHIBITION	10000
24	Rotary club of Chennai Green City	ABC EXHIBITION	10000
25	Rotary club of Madras Porur	ABC EXHIBITION	10000
26	Mr.Muthukumar.R	ABC EXHIBITION	10000
27	Rotary club of Madras Pallavaram	ABC EXHIBITION	10000
28	Rotary club of Connemra	ABC EXHIBITION	10000
29	Rotary club of Madras Centenary	ABC EXHIBITION	10000
30	Rotary club of Madras coromandal	ABC EXHIBITION	10000
31	Rotary club of Ashok Nagar	ABC EXHIBITION	10000
32	Rotary club of Chennai Riviere	ABC EXHIBITION	10000
33	Sonroptimist International	ABC EXHIBITION	10000
34	Rotary club of Madras West	ABC EXHIBITION	30000
35	Rotary club of Chennai Galaxy	ABC EXHIBITION	10000
36	Sree Sai Enterprises	Rose day	10000
37	Moti and Company	Rose day	2000
38	P.K Pharma	Rose day	10000
39	Medicine Chamber	Rose day	10000
Total			487000



IN-KIND SPONSORS

In-Kind Sponsors			
S.No	Sponsors	Particulars	Worth in Rupees
1	Mr. T. K. Srinivasan	Vegetables	4,000
2	Chennai Food bank	Rice bag & Ragi	3716
3	Ms.Darshana	Brown sugar, Toor dal, Moong dal, Oil, Boiled rice	10970
4	Baby Daphne & Master Owen	Television for ICH	10000
Total			28686

VOLUNTEER'S CONTRIBUTION

The CANSTOP team gratefully acknowledges each and every volunteer for their time and commitment to all of the events.

Volunteers-

Mrs.Origanti,Mrs.Selvam,Mrs.Indhumathy,Dr.Sendhil,Mrs.Vijaya,Mr.Ramesh

HELP LINE SERVICE

Totally 199 calls were received in the CAN-STOP Help line number.

25 calls for STEP Program.

3 calls for Counseling

2 calls for Blood request at Government Hospital.

173 calls for ABC Program.



For your kind contribution:

CAN-STOP is eligible for 50% Tax

Exemptions under Section 80G of Income

Tax Act. Cheques can be drawn in favour of

CAN-STOP



For more information contact us through:

044-26284256 / +91-9941007688

Connect with us through:

www.canstop.org

